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**Subject:** APA Headlines: Inducing Labor Appears Not To Raise A Pregnant Woman's Risk Of Having A Child With Autism  
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Good morning Ms Cathy Thompson

July 26, 2016

### Leading The News

## Inducing Labor Appears Not To Raise A Pregnant Woman's Risk Of Having A Child With Autism.

[HealthDay](#) (7/25) reports, "Inducing labor won't raise a pregnant woman's risk of having a child with autism," researchers found. Researchers arrived at that conclusion after examining "child outcomes for more than one million births through 2013" in Sweden. The [findings](#) were published online July 25 in JAMA Pediatrics.

### Psychiatric News Alert



#### [Greater Pain Found to Increase Risk of Opioid Use Disorder](#)

#### [Multiple Steps Are Needed to Reduce U.S. Firearm Suicides](#)

#### Nominations Due Aug. 1 for Several APA Awards

[McGavin Award for Distinguished Career Achievement](#) is presented to a child and adolescent psychiatrist who has been noted for outstanding contributions to the advancement of child and adolescent psychiatry in activities such as teaching, research, writing, clinical care, advocacy, and policy. [Learn more.](#)

[McGavin Award for Prevention](#) recognizes a child and adolescent psychiatrist who has made significant contributions to the prevention of mental disorders in children and adolescents and influenced the general well-being of young people. [Learn more.](#)

[Blanche F. Ittleson Award](#) recognizes outstanding and published research in child and adolescent psychiatry that has resulted in, or promises to lead to, a significant advance in promoting the mental health of children. [Learn more.](#)



### Psychiatric Treatment/Disorders

## Some People With Alzheimer's, Related Dementias May Be Hospitalized Due To Poor Management Of Other Health Problems, Study Indicates.

[HealthDay](#) (7/25, Pallarito) reports, "Some people with Alzheimer's disease and related dementias may often land in the hospital simply because of poor management of other health problems they have," researchers concluded after conducting an analysis of Medicare data. In fact, "one in 10 people with Alzheimer's disease or dementia had at least one hospital stay in 2013 that may have been preventable," the study found. The findings were scheduled for presentation July 25 at the Alzheimer's Association International Conference.



## People With BD May Wait For Years For A Proper Diagnosis, Research Indicates.

[HealthDay](#) (7/25, Preidt) reports, "People with bipolar disorder [BD] may face a long wait from when their symptoms start to the time they get a proper diagnosis," research indicates. On average, the delay "is six years." The findings of the 27-study meta-analysis encompassing some 9,400 patients were published July 25 in the Canadian Journal of Psychiatry.

## Managing Difficult Patients With Dementia May Be Better Than Medicating Them With Antipsychotics, Study Suggests.

[HealthDay](#) (7/25, Dotinga) reports that managing "difficult patients" with dementia "instead of medicating them, could" yield better results, research suggests. The study focuses on a 156-patient program that trained "nursing home staff members to focus on resolving specific issues bothering the

patients and not to automatically sedate them" or give them powerful antipsychotic medicines. The findings were presented at the Alzheimer's Association International Conference. HealthDay points out, "Since 2008, the US Food and Drug Administration has required a boxed warning with all antipsychotic medications noting the increased risk of death in elderly patients with dementia-related psychosis."

### Psychiatry and Public Health

## Americans May Have Warped Understanding Of Veterans' Mental Health Issues, Survey Finds.

The [Washington Times](#) (7/25, Ernst) reports, "A survey by the George W. Bush Institute's Military Service Initiative" of about 1,000 US adults suggests that "Americans have a warped understanding of veterans' mental health issues." The survey found that approximately "40 percent of adults in the US, Canada and the United Kingdom hold the erroneous belief that more than half of 2.8 million post-9/11 veterans have psychological problems." Estimates made by the Rand Corporation, however, found that "10 and 20 percent of veterans struggle with mental health issues."

### Other News

## Teen Athletes May Be Less Likely To Abuse Prescription Pain Medications Than Kids Who Don't Play Sports Or Exercise, Researchers Say.

[HealthDay](#) (7/25, Bernstein) reports, "Teenage athletes are less likely to abuse prescription pain medications "than kids who don't play sports or exercise," [research](#) published online July 25 in Pediatrics suggests. The study's findings "run counter to some research in recent years detailing concerns about injured teen athletes abusing opioid" pain medications prescribed by physicians "and then moving on to use heroin."

[MedPage Today](#) (7/25, Walker) reports that in arriving at the study's conclusions, investigators "examined data from 191,660 respondents – 52% eighth graders and 48% tenth graders."

## Coping Strategies Used By Patients With Incurable Cancer May Impact QOL.

[Medscape](#) (7/25, Nelson) reports that individuals "use a variety of coping strategies after receiving a diagnosis of incurable cancer, but although some strategies may improve quality of life (QOL), others may have a detrimental effect, according to" the [findings](#) of a 350-patient study published July 1 in Cancer. Investigators found that the majority of "patients reported using emotional support and acceptance coping strategies; these correlated with better QOL and mood, but a 'concerning proportion' reported high utilization of denial and self-blame, which correlated with worse QOL and mood." The study also indicated "the use of acceptance coping strategies correlated with lower anxiety and depression scores, whereas denial and self-blame coping strategies were associated with higher anxiety and depression scores."

### Monday's Lead Stories

- [Visual Information Processing Exercises May Reduce Likelihood Of Cognitive Decline Or Dementia In Seniors, Study Says.](#)
- [Certain Behavior Or Personality Changes Lasting More Than Six Months May Be Harbinger Of Dementia, Experts Say.](#)
- [Obama Signs Opioid Addiction Bill.](#)
- [Young People With Diabetes May Be More Likely To Be Hospitalized For Mental Health Or Substance Use Treatment Than Young People Without Diabetes.](#)

- **People With Moderate And Severe Pain More Likely To Become Addicted To Powerful Prescription Opioids, Study Indicates.**
- **Precision Medicine Initiative Seeks One Million Volunteers.**

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