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**Subject:** APA Headlines: CMS Encourages States To Use Medicaid Funds For Home And Community-Based Care  
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Good morning Ms Cathy Thompson

August 4, 2016

### Leading The News

#### **CMS Encourages States To Use Medicaid Funds For Home And Community-Based Care.**

[Modern Healthcare](#) (8/3, Dickson, Subscription Publication) reports CMS released guidance that urges states to use Medicaid to “keep elderly and physically and mentally disabled beneficiaries at home and in community-based settings instead of nursing homes.” The agency hopes the guidance will “remedy a longstanding imbalance between institutional and home and community-based care.” Data for fiscal year 2014 showed 53 percent of total Medicaid LTSS expenditures were spent on home and community-based services, up from 45 percent in 2009.

### Psychiatric News Alert



[Patients With Binge-Eating Disorder, Bulimia May Be More Likely to Smoke Cigarettes](#)

[To Treat Anorexia Nervosa, Experts Say You Must First Identify Core Fears](#)

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- [Associate Chair of Clinical Integration and Services](#) at The University of Texas at Austin's Dell Medical School, Austin, Texas
- [In-Patient Psychiatrist, 7-on/7-off](#) at HCA Healthcare, Jacksonville, Fla.



### Psychiatric Treatment/Disorders

#### **Dementia Not A Specific Disease, Article Explains.**

[Medical Daily](#) (8/3, Dovey) reports, “Dementia and Alzheimer’s disease may share many of the same symptoms, but the two are not different names for the same condition.” The article goes on to explain that “dementia is a syndrome, or a group of symptoms that consistently occur together,” and “is not a specific disease.”

### Psychiatry and Public Health

#### **Organizations Team Up To Offer New Massage Program To Treat Veterans With PTSD.**

The [Syracuse \(NY\) Post-Standard](#) (8/3, Mulder) reports that “Clear Path for Veterans, a nonprofit veteran resource center in Chittenango, NY, “is teaming up with Crouse Hospital, the Syracuse VA Medical Center and Upstate University Hospital in a new massage for veterans program.” The goal of the program is to help veterans with post-traumatic stress disorder (PTSD).

## Marriage Alters Alcohol Consumption Habits, Study Suggests.

The [Washington Post](#) (8/3, Guo) reports in "Wonkblog" that a [study](#) published in the Journal of Family Psychology found that "getting married causes both men and women to drink less often compared to being single" and "also causes both men and women to cut down on the number of drinks they have in a single sitting — men in particular." In addition, "getting a divorce doesn't seem to make people drink more often, but both men and women have more drinks in each sitting." Researchers evaluated "nearly 2,500 pairs of male and female twins from the state of Washington, who answered questions how often and how much they usually drink."

## Nearly One-Quarter Of Americans Over 65 Have Some Form Of Disability, Report Indicates.

[HealthDay](#) (8/3, Preidt) reports that research indicates nearly "a quarter of Americans over 65 have some form of disability." The report, from the Federal Interagency Forum on Aging-Related Statistics, "found that in 2014, '22 percent of the population age 65 and over say they have at least one limitation in vision, hearing, mobility, communication, cognition, or self-care.'" Meanwhile, "in 2014," approximately "1.2 million Americans 65 and older were living in nursing homes and nearly 780,000 lived in residential care communities, such as assisted living facilities," with individuals over the age of 85 being the "majority in both groups, according to the report."

## Breast Milk May Give A Boost To Premies' Mental And Physical Development.

[HealthDay](#) (8/3, Preidt) reports, "Breast milk gives a boost to premature babies' mental and physical development," researchers found. Infants "who were mostly fed breast milk during the first 28 days of life did better in IQ, math, working memory and tests of motor skills at age 7 than those who received less breast milk," the study revealed. The findings of the 180-baby study were published online in the Journal of Pediatrics.

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## Wednesday's Lead Stories

- [WHO Analysis Highlights Global Dementia Research Priorities.](#)
- [Diabetes Patients With Peripheral Neuropathic Pain May Have Higher Risk Of Depression, Small Study Suggests.](#)
- [Reforms To Mental Health System Needed, Says Psychiatry Resident.](#)
- [Patients With Mental Illness Endure Long Waits For Psychiatric Beds.](#)
- [Study Indicates Younger Millennials May Be Less Sexually Active Than Previous Generations.](#)

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