

From: [APA Communications](#)
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Subject: APA Headlines: CDC Survey Reveals LGB High School Students Face Higher Risk Of Depression, Violence, Bullying
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Good morning Ms Cathy Thompson

August 12, 2016

Leading The News

CDC Survey Reveals LGB High School Students Face Higher Risk Of Depression, Violence, Bullying.

The [New York Times](#) (8/11, Hoffman, Subscription Publication) reports the first national survey to identify lesbian, gay, and bisexual "high school students and track their health risks confirms" they "are indeed at far greater risk for depression, bullying and many types of violence than their straight peers." The article says this was "the first time the federal government's Youth Risk Behavior Survey, the gold-standard of adolescent health data collection, looked at sexual identity." Data show the 1.3 million high school students who describe themselves as gay, lesbian or bisexual "were three times more likely than straight students to have been raped." They skipped school more often because about one-third of them had been bullied at school, and they were twice more likely than "heterosexual students to have been threatened or injured with a weapon on school property."

The [AP](#) (8/11, Stobbe) reports advocacy groups have been saying for quite some time that "gay and lesbian kids are more often bullied, ostracized and at high risk for many other problems," yet previous "research by the government was limited to a small number of states and cities."

On its website, [CBS News](#) (8/11, Welch) reports that in order to conduct the study, "researchers surveyed more than 15,000 U.S. high school students from public and private schools across the country." Participants were asked "about their sexual identity and sexual contacts, as well as questions relating to more than 100 health behaviors." The data show 18 percent of LGB students said they had been raped, compared to 5 percent of heterosexual students, while 23 percent of LGB students said they had experienced sexual dating violence, compared to 9 percent of their heterosexual peers. In addition, 18 percent of LGB students said they had experienced physical dating violence, as opposed to 8 percent of their heterosexual peers, while some 40 percent of LGB students said they had "seriously considered suicide and 29 percent said they attempted suicide in the past 12 months."

The [New York Magazine](#) (8/11, Singal) and [STAT](#) (8/11, Samuel) also cover the story.

Psychiatric News Alert



[Hospitalization With Infection May Increase Long-Term Risk Suicide](#)

[Everett Appointed Chief Medical Officer of SAMHSA](#)

Parity Task Force Wants to Hear from You

The [Mental Health and Substance Use Disorder Parity Task Force](#) wants to hear about your experience with mental health and substance use disorder treatment services. How have parity protections affected you? What are your suggestions for improving awareness of parity protections and monitoring health plans' compliance with parity?

The comment period is open until Wednesday, August 31, 2016. [Submit your comments](#).
For more information, visit www.hhs.gov/parity.



Some Advocates Claiming ABA Therapy For Autism May Be Harmful.

In a greater than 3,900-word piece, [The Atlantic](#) (8/11, DeVita-Raeburn) reports that some people are questioning applied behavioral analysis (ABA) therapy for autism, claiming “the therapy is harmful.” Some advocates for people with autism “contend that ABA is based on a cruel premise – of trying to make people with autism ‘normal.’” Rather, they advocate for “acceptance of neurodiversity – the idea that people with autism...should be respected as naturally different rather than abnormal and needing to be fixed.”

Symptoms Of Depression, Anxiety In Patients Undergoing Fertility Treatment May Remain Unaddressed, Study Indicates.

[HealthDay](#) (8/11, Norton) reports, “People undergoing fertility treatment often suffer symptoms of depression or anxiety, but few get any formal help,” research indicated. The study of “352 women and 274 men seen at one of five San Francisco-area fertility clinics” revealed that “more than half of women and one-third of men had clinical-level depression symptoms at some point,” and that “76 percent of women and 61 percent of men...had symptoms of clinical anxiety.” Despite that, “only about one-quarter of all patients said their fertility center had given them any information on mental health resources.” The findings were published in the July issue of *Fertility and Sterility*.

Government and Psychiatry

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Obama Administration Says Insurers' Costs For ACA Enrollees Unchanged From 2014 To 2015.

The [Wall Street Journal](#) (8/11, Radnofsky, Subscription Publication) reports that on Thursday, the Obama Administration unveiled [data](#) indicating that insurers' costs for consumers who purchase individual coverage were largely unchanged in the first and second years after the Affordable Care Act took effect, in large measure due to the fact that ACA exchanges had a robust mix of enrollees. The article says this is an attempt by the Administration to push back against insurers' requests for double-digit premium increases for next year.

[The Hill](#) (8/11, Ferris) reports the Administration is “doubling down on the stability of the ObamaCare insurance marketplace, touting” new data which indicate “a greater mix of younger, healthier people have enrolled.” The figures show that on average, medical costs for consumers enrolled in ACA plans remained “flat between 2014 and 2015, compared to a 3 percent

increase among customers in the wider market.” Mandy Cohen, chief operating officer for CMS, said the data are “encouraging and exciting,” but Marilyn Tavenner, president of America's Health Insurance Plans, called the analysis “an overly optimistic assessment.”

APA in the News

APA Reminds Members Of Goldwater Rule.

The [AP](#) (8/11, Borenstein) reports, “Professional ethics dictate that psychiatrists...avoid publicly analyzing or diagnosing someone they've never examined, but there is new and unusually vocal dissension against this long-held gag rule because of what some of them think they hear and see in” the Republican candidate for president. Currently, American Psychiatric Association members “are bound by a 43-year-old ethics rule, called the Goldwater rule.” Earlier this month, APA reminded members on its website, “The unique atmosphere of this year's election cycle may lead some to want to psychoanalyze the candidates, but to do so would not only be unethical, it would be irresponsible.” When interviewed by the AP, psychiatrist and past APA president Paul Appelbaum, MD, pointed out that “analysis and diagnosis without meeting a patient, and without medical records, ‘are so likely to be wrong, so likely to be harmful to that person and so likely to discourage people from seeking psychiatric treatment that psychiatrists should not engage in that behavior.’”

Thursday's Lead Stories

- [Hospitalization For Serious Infections May Be Associated With Increased Risk For Suicide.](#)
- [People Whose Parents, Grandparents Suffered From Depression May Be At Increased Risk Of Developing The Illness.](#)
- [Administration To Remove Roadblock To Marijuana Research.](#)
- [Nearly One In Five Stabilized Psychiatric Patients In Minnesota Remain Stuck In Hospital Beds Due To Bureaucratic Delays, Lack Of Other Treatment Options, Study Finds.](#)

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