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Subject: APA Headlines: Growing Global Mental Health Burden Can Only Be Tackled Successfully By Expanding Online Therapies For Mental Illness, Experts Say
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Good morning Ms Cathy Thompson

Tuesday, April 4, 2017

Leading The News

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Growing Global Mental Health Burden Can Only Be Tackled Successfully By Expanding Online Therapies For Mental Illness, Experts Say.

[Reuters](#) (4/3) reports, "A 'massive and growing' mental health burden across the world can only be tackled successfully with a major expansion of online psychiatric resources such as virtual clinics and web-based psychotherapies, specialists said" on April 4 at the European Congress on Psychiatry. With limited resources "and the global mental health system only serving around 10 percent of patients even now," experts "said the web is the only option for significant

extra treatment capacity."

Researchers Develop Online Individualized Risk Calculator For Transdiagnostic Prediction Of Psychosis In Secondary Mental Healthcare. [Healio](#) (4/3, Oldt) reports that investigators have "developed an online individualized risk calculator for transdiagnostic prediction of psychosis in secondary mental" healthcare. The development comes in wake of "mediocre efficacy of At Risk Mental State services." Investigators developed the online risk calculator after analyzing "electronic medical record data for 91,199 individuals diagnosed with nonorganic and nonpsychotic mental disorder." The [findings](#) were published online March 29 in JAMA Psychiatry.

Psychiatric News Alert



[Adjunctive VNS Improves Long-Term Outcomes in Treatment-Resistant Depression](#)

[Intellectual Disability Still a Bar to Death Penalty, Says Supreme Court](#)

Ready to Engage on Social Media? Here's How

If you've been thinking about becoming active on social media but aren't sure how to start, APA has produced a [video to help](#). In this video you'll learn about the unique value you can bring to social media as a psychiatrist, which platforms work best for different purposes, how to create engaging content and how you can help support APA on its social medial platforms. [View the video.](#)



Psychiatric Treatment/Disorders

Small Study Identifies Suicide Risk Factors In Patients With BD.

[Medscape](#) (4/3, Davenport) reports, "Patients with bipolar disorder (BD) with depressed polarity, comorbid anxiety, and an anxious temperament may be at increased risk for suicide," researchers found after conducting "a retrospective, cross-sectional study of 100 BD patients who had a history of suicide attempts," then comparing "these factors with those of patients who had never attempted suicide." The findings were presented at the European Psychiatric Association's 25th Congress.

Researchers Recruiting For Clinical Trial To Test Whether Insulin Nasal Spray Can Help Patients With Alzheimer's Disease.

The [Sacramento \(CA\) Bee](#) (4/3, Buck) reports researchers are recruiting participants for a [clinical trial](#) that will test whether "an insulin nasal spray for diabetics" can "help Alzheimer's patients." The clinical trial is being launched "based on evidence that insulin...performs multiple functions in the brain, but when disrupted, it may contribute to development of Alzheimer's." The article reports that more information about the clinical trial can be found on the website for the National Institute on Aging's Alzheimer's disease research center.

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Government And Psychiatry

Texas House To Address Mental Health Legislation.

The [Dallas Morning News](#) (4/3, Mekeburg) reports lawmakers in the Texas House will consider several mental health bills Tuesday, "including three priorities for the chamber – expanding insurance coverage for mental health conditions, establishing a jail diversion program and improving mental health education." The proposals are "the result of months of research conducted last year by the House Select Committee on Mental Health." Both the state House and Senate are "considering bills that address mental health workforce shortages, awareness and other industry needs," and both chambers are proposing budgets that "would devote millions to the cause."

White House Officials Make New Offer On Healthcare To Conservative House Republicans.

The [AP](#) (4/4, Fram) reports, "White House officials made a new offer to conservative House Republicans late Monday on the GOP's failed health care bill, hoping to resuscitate a measure that" failed "less than two weeks ago." The AP adds, "Vice President Mike Pence and two top White House officials made the offer in a closed-door meeting with members of the House Freedom Caucus, according to a participant." According to the AP, the offer would allow states "to apply for waivers from several coverage requirements that" the Affordable Care Act "imposed on insurers."

Some GOP Lawmakers Say ACA Could Be Undone Administratively, But Such A Move Could Be Problematic.

The [AP](#) (4/3, Alonso-Zaldivar) reports that as the chances to repeal the ACA diminish, "some Republicans say the Trump administration can rewrite regulations and take other actions to undo much of the health care law on its own." The article points out that some of these actions could "disrupt life for millions of people, many in states that the new president carried." In addition, they could lead to legal challenges. The Congressional Budget Office has predicted

that most ACA marketplaces will remain stable, but President Trump has said the healthcare law is “imploding, and soon will explode.”

APA In The News

Psychology Professors Skeptical Of Video Game Addiction.

In an opinion piece, psychology professors Christopher J. Ferguson, of Stetson University, PhD, and Patrick Markey, PhD, of Villanova, wrote in the [New York Times](#) (4/2, SR6, Subscription Publication), “A large-scale [study](#) (4/3, Subscription Publication) of internet-based games recently published in the American Journal of Psychiatry bears out our skepticism about” video game “addiction.” The pair wrote, “Using the American Psychiatric Association’s own metrics for ascertaining psychiatric disorder, the study’s researchers found that at most one percent of video game players might exhibit characteristics of an addiction and that the games were significantly less addictive than, say, gambling.” The study also revealed that nearly “none of those classified as being possibly addicted to video games experienced negative outcomes from this addiction.”

Monday's Lead Stories

- [Adults Who Self-Harm May Be At Increased Suicide Risk Over The Next Year, Research Suggests.](#)
- [Johns Hopkins University Withdraws From Marijuana Study Over Dispute Concerning Federal Rules On Such Research.](#)
- [Trump Insists He Will Revive Efforts To Repeal, Replace ACA.](#)
- [Mortality Risk May Be Higher Among People With Severe Mental Illness, Study Indicates.](#)
- [Have Frank Discussion With Physician Ahead Of Surgery Regarding Pain Control Medications, Expert Advises.](#)
- [Couples Raising Children With Autism On Average Spend Less Time Together Than Couples Raising Children Without Autism, Study Suggests.](#)

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