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**To:** [lpmastaff@lpma.net](mailto:lpmastaff@lpma.net)  
**Subject:** APA Headlines: Knowing They Have A Family History Of Breast Cancer Or High-Risk Genetic Mutation May Not Lead To Increased Anxiety, Depression In Teen Girls  
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Good morning Ms Cathy Thompson

September 30, 2016

### Leading The News

## Knowing They Have A Family History Of Breast Cancer Or High-Risk Genetic Mutation May Not Lead To Increased Anxiety, Depression In Teen Girls.

[HealthDay](#) (9/29, Preidt) reports that research suggests "knowing they have a family history of breast cancer or a high-risk gene mutation doesn't lead to increased anxiety or depression in teen girls." Such "teens may actually have greater self-esteem and a better understanding of cancer risk than their peers, researchers said." The [findings](#) of the 320-girl study were published in the October issue of the Journal of Clinical Oncology.

### Psychiatric News Alert



#### [Multimodal Diagnostic Approach May Improve Ability to Predict Transition to Psychosis](#)

#### [Youth With Bipolar Disorder Found to Be No More Overweight Than Those Without Disorder](#)

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### Psychiatric Treatment/Disorders

## Four Traits May Put Children At Risk For Addiction, Program Indicates.

In a special piece for the [New York Times](#) (9/29, Szalavitz, Subscription Publication), author Maia Szalavitz writes that the four traits of "sensation-seeking, impulsiveness, anxiety sensitivity, and hopelessness" may put children at risk for addiction, according to the Preventure antidrug program. Preliminary research indicates that "personality testing can identify 90 percent of the highest risk children, targeting risky traits before they cause problems."

### Government and Psychiatry

## Medicare Announces New Goal For Reducing Preventable Problems In Hospitals.

The [AP](#) (9/29) reports that Medicare on Thursday announced "new goals for greater improvement" in its effort at "keeping hospitalized patients safe and reducing readmissions." It also announced \$347 million for "hospital associations and other health organizations" in order to reach the goals that include reducing "preventable medical problems in hospitals from 121 per 1,000 patients discharged, to 97

per 1,000 by 2019.”

[Modern Healthcare](#) (9/29, Whitman, Subscription Publication) reports in announcing the funds, the CMS also announced 16 organizations that will receive Hospital Improvement and Innovation Network contracts. In a conference call with reporters, Dr. Patrick Conway, CMS’ acting principal deputy administrator and chief medical officer, said the effort involves “ambitious, challenging new goals” and “significantly raises the bar” in setting new safety goals.

## Psychiatric Medication Update

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### FDA Places Hold On Experimental AD/HD Medication.

[Reuters](#) (9/29, Mukhopadhyay, Grover) reports that the Food and Drug Administration has placed a hold on Alcobra’s experimental medication, MDX (metadoxine). The hold “affects an ongoing late-stage study of drug, MDX, in adult patients with Attention Deficit Hyperactivity Disorder (ADHD), as well as its application to test the drug in adolescents with ADHD and Fragile X syndrome (FXS).” According to the company, “the agency imposed the hold due to adverse neurological findings in a preclinical study.”

### Rats May Offer Better Way To Test Potential Medications For Alzheimer’s, Researchers Say.

On its “All Things Considered” program and in its “Shots” blog, [NPR](#) (9/29, Hamilton) reports investigators “are reporting evidence that rats possess ‘episodic memories,’ the kind of memories that allow us to go back in time and recall specific events.” Such memories “are among the first to disappear in people who develop Alzheimer’s disease.” This [finding](#), which was published online Sept. 29 in Current Biology, suggests that “rats could offer a better way to test potential drugs for Alzheimer’s,” instead of testing them in mice, as is current practice.

## Other News

### HHS Finds Decline In Uninsured Across All Groups.

[CNBC](#) (9/29, Mangan) reports the Health and Human Services Department issued a report finding that under the ACA “every income group ‘experienced significant and similar drops’ in the rate of uninsured people.” Overall, HHS found that there was a 40 percent decline in uninsured Americans, “in all income groups for 2010 through 2015, including individuals with incomes above 400 percent of the federal poverty level.” In addition, among Americans 18 to 25 years old there was a 52 percent decline in the uninsured, while among 26- to 34-year-olds the decline was 36 percent. Among those living in urban or metropolitan areas, there was a 42 percent decline, while in rural areas it was 39 percent. There were also significant drops in uninsured people among Asians (59 percent), blacks (47 percent), whites (46 percent), and Hispanics (35 percent).

### Bilateral Oophorectomy May Be Linked To Increased Risk Of Certain Chronic Health Conditions, Study Suggests.

[CNN](#) (9/29, Scutti) reports that research indicated that “women under 46 who had both ovaries removed experienced a marked increase in eight chronic health conditions, including coronary artery disease, depression, arthritis, chronic obstructive pulmonary disease and osteoporosis.” The findings were published in Mayo Clinic Proceedings.

## Thursday's Lead Stories

- [Hormonal Contraception Use May Be Associated With Higher Risk Of Depression.](#)
- [Sleep Disruption, Perceived Nighttime Hot Flashes May Trigger Mild Symptoms Of Depression During Menopause, Small Study Suggests.](#)
- [More Than 600,000 Veterans Likely To Be Without Health Coverage Next Year Unless More States Expand Income Eligibility For Medicaid.](#)

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