From: APA Communications
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Subject: APA Headlines: NIH Issues Final Report Offering Strategies For Youth Suicide Prevention

Date: Tuesday, October 4, 2016 7:17:30 AM

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Good morning Ms Cathy Thompson

October 4, 2016

Leading The News

NIH Issues Final Report Offering Strategies For Youth Suicide Prevention.

Healio (10/3, Pardes) reports, "Based on findings from its Pathways to Prevention Workshop," the National Institutes of Health "has issued a final report that offers strategies for" preventing suicide in youths. The position paper was published online Oct. 4 in the Annals of Internal Medicine. An accompanying editorial "called for suicide prevention data to be linked to current data systems."

Psychiatric News Alert



Report Highlights Challenges People Face When Seeking Care for Borderline Personality Disorder

Experts Suggest Cautious Response to a Study Linking Contraceptives and Depression

Submissions Welcome: AJP Residents' Journal and Psychiatric News

Editor-in-Chief Katherine S. Pier, M.D., invites residents to submit articles to the American Journal of Psychiatry Residents' Journal. Having your article published in the journal is a great way to build your C.V. and share your work with peers. More information.

Resident-Fellow Member Trustee Stella Cai, M.D., is the editor of the Residents' Forum in Psychiatric News. These articles appear in the print version of the publication as well as online. If you are interested in writing an article or have questions contact her at stellacai85@gmail.com.



Psychiatric Treatment/Disorders

Small Study Reveals Cognitive Deficits In Children With Untreated Primary Hypertension.

MedPage Today (10/3, Walker) reports that research indicated kids "with untreated primary hypertension turned in lower scores on tests measuring verbal and visual learning, and recall and verbal reasoning, versus normotensive controls." The <u>findings</u> of the 75-child study were published in the Journal of Pediatrics.

Government and Psychiatry

New York Governor Signs Legislation Requiring Teaching About Mental Health In State-Mandated Health Classes.

The AP (10/3, Virtanen) reports that starting in July 2018, New York state schools "will have to teach about mental health in their state-mandated health classes" under legislation signed into law on Sept. 30 by Gov. Andrew Cuomo (D-NY).

Psychiatry and Public Health

SAMHSA Awarding \$54 Million In Assisted Outpatient Treatment Grants Over Next Four Years.

Healio (10/3) reports the Substance Abuse and Mental Health Services Administration (SAMHSA) has "awarded up to \$54 million in Assisted Outpatient Treatment grants over the next four years to address needs of individuals with serious mental illness." Up to "17 grantees will be funded with up to \$1 million each year for up to four years."

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Other News

Western Connecticut Health Network Uses Telemedicine To Deliver Mental Health Services.

The AP (10/3, Rigg) reports Western Connecticut Health Network launched a telemedicine program to deliver mental health services in December, 2015, allowing patients to "use an iPad to teleconference with a mental health clinician who works at the network," and will begin in October to offer "free therapy through a computer program that the network bought for about \$100,000 from Magellan Health." Since the telemedicine program began, 57 patients at New Milford Hospital used technology to talk with a clinician – with 83 percent waiting less than 90 minutes, which is "a drastic decrease in wait times for consultations before the service existed." The AP adds that network officials are considering expanding the telemedicine program to Norwalk Hospital "during after-hours" and plans to begin offering "Magellan's anxiety, depression and insomnia" cognitive behavioral therapy (CBT) programs on October 224.

Brain-Training Games Will Not Help People Become Free Of Age-Related Memory Problems, Review Suggests.

On its "Morning Edition" program and in its "Shots" blog, NPR (10/3, Hamilton) reports that brain-training games will not help people become free of age-related memory problems, researchers concluded after reviewing "more than 130 studies of brain games and other forms of cognitive training." The findings of their review were published in the October issue of Psychological Science in the Public Interest. <u>USA Today</u> (10/3, Toppo) and <u>The Atlantic</u> (10/3, Yong) also covers the story.

Monday's Lead Stories

- Public Health Officials Urge Physicians Not To Overlook Medications When Treating Alcohol Abuse Problems.
- Study Uses Known Genetic Risk Factors To Score Individuals On Their Relative Risk Of Developing Alzheimer's At A Given Age.
- Affordable Care Act May Have To Change To Survive.
- Pilot Community Paramedic Program Helps Patients In Mental Health Crisis Bypass The Emergency Department.
- Hormonal Contraceptives Appear To Be Associated With An Increased Risk For Depression, Study Suggests.

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