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**Subject:** APA Headlines: Patients With Mental Health Disorders At Increased Risk For Suicide Three Months After Discharge From A Psychiatric Hospital, Study Says  
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Good morning Ms Cathy Thompson

September 22, 2016

### Leading The News

## Patients With Mental Health Disorders At Increased Risk For Suicide Three Months After Discharge From A Psychiatric Hospital, Study Says.

[Healio](#) (9/21, Oldt) reports that patients "with mental health disorders had increased risk for suicide three months after discharge from a psychiatric hospital, particularly those who did not receive outpatient health care six months before hospital admission," researchers found after evaluating "national retrospective longitudinal cohort of inpatients in the Medicaid program who were discharged with a first-listed diagnosis of depression, bipolar disorder, schizophrenia, substance use disorder and other mental disorder (n = 770,643)." Also included in the analysis was "a 10% random sample of inpatient adults diagnosed with nonmental disorders (n = 1,090,551)." The [findings](#) were published online Sept. 21 in JAMA Psychiatry.

[Psychiatric News](#) (9/21) reports the authors of an [accompanying editorial](#) emphasized how "very important" it is "to carefully plan and initiate referrals for aftercare." Under ideal circumstances, "outpatient treatment should be introduced before discharge, so that the patient is familiar with the persons who will care for them after discharge," the editorialists wrote.

### Psychiatric News Alert



[Depressed Patients May Be At Highest Risk of Suicide Following Hospital Discharge](#)

[Patients With Alcohol Dependence Who Like Sweets May Respond Better to Naltrexone](#)

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### Psychiatric Treatment/Disorders

## In Girls, AD/HD May Be More Likely To Amplify Issues With Defiance, Acting Out Than Problems With Depression Or Anxiety, Review Says.

[Reuters](#) (9/21, Rapaport) reports that in girls, attention-deficit/hyperactivity disorder (AD/HD) may be "more likely to amplify issues with defiance and acting out than problems with depression or anxiety," researchers found after analyzing "data from 18 previously published studies with a total of about 2,000 participants." The review's [findings](#) were published online Sept. 21 in Pediatrics.

## People With A Sibling With Schizophrenia May Be 10 Times More Likely To Develop The

## Mental Illness, Study Suggests.

[HealthDay](#) (9/21, Dallas) reports, "People who have a brother or sister with schizophrenia are 10 times more likely to develop the mental illness," researchers found after examining data on some "6,000 Israeli patients who were diagnosed and hospitalized with schizophrenia, bipolar disorder or depression" who "were compared to about 75,000 healthy peers from an Israeli population database."

According to [Healio](#) (9/21, Oldt), the findings were presented at the annual meeting of the European College of Neuropsychopharmacology.

## Binge Eating Disorder May Be Associated With A Broad Range Of Other Illnesses, Study Suggests.

[Medical Daily](#) (9/21, Dovey) reports that binge eating disorder (BED) may be "linked to a broad range of other illnesses," research suggests. People with "BED had a 2.5 times greater risk of also having an endocrine disorder and a 1.9 times increased risk of a circulatory system disorder," while "obese people with BED had a 1.5 times increased risk of having a respiratory disease and a 2.6 times increased risk of having a gastrointestinal disease than those who were not obese," the study found. The [findings](#) of the 9,350-patient study were published online Sept. 19 in the International Journal of Eating Disorders.

## Diagnosis Of Generalized Anxiety Disorder May Be Associated With Increased Risk For Cancer Mortality In Men, Study Suggests.

[Medscape](#) (9/21) reports research suggests "a diagnosis of generalized anxiety disorder (GAD) is associated with a significantly increased risk for cancer mortality in men, but not in women." Investigators found, "in the largest study to date to look at the link between anxiety and cancer mortality...that a diagnosis of GAD more than doubled the risk for cancer mortality in men." The findings were presented Sept. 20 at the 29th European College of Neuropsychopharmacology Congress.

[LiveScience](#) (9/21, Rettner) reports that "the findings held even after the researchers took into account other factors that might affect death from cancer, including age, smoking and drinking habits, and physical activity level, the researchers said."

### Government and Psychiatry

## House GOP Lawmakers Want Burwell To Provide Answers About ACA Risk Corridors.

[Modern Healthcare](#) (9/21, Herman, Subscription Publication) reports that on Tuesday, five GOP members of the House Energy and Commerce Committee wrote to HHS Secretary Sylvia Mathews Burwell requesting answers about "how the federal government is handling a much-maligned insurance provision within the Affordable Care Act." The article adds that earlier this month, CMS released a memo which said the agency would not make risk corridor payments for 2015 because funds collected this year would be used to address a \$2.5 billion shortfall from 2014. CMS pointed out that several insurers have filed suits over the payments, and stated that "it was 'open to discussing resolution of those claims...at any time.'" The GOP lawmakers want Burwell to explain how CMS could be discussing possible settlements even though Federal funding for the program has yet to be approved.

### Psychiatry and Public Health

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## NIMH Announces Funding Of Three Studies Supporting Zero Suicide Commitment.

[Healio](#) (9/21) reports that recently, the National Institute of Mental Health "announced the funding of three studies that support the [Zero Suicide](#) commitment to preventing suicide attempts and deaths among individuals treated in health care systems." This November, NIMH "plans to conduct a second round of requests for applications for Zero Suicide."

### Other News

## Chan Zuckerberg Initiative To Invest At Least \$3 Billion Over The Next Decade Toward Preventing, Curing, Managing Diseases.

[NBC Nightly News](#) (9/21, story 9, 0:25, Guthrie) reported, "An ambitious new mission" was "announced" on Wednesday "by Facebook founder Mark Zuckerberg and his wife Dr. Priscilla Chan." The couple will donate "\$3 billion over the next decade, and they have a big goal: curing, preventing, or managing all disease by the end of the century."

In "To Your Health," the [Washington Post](#) (9/21, Cha) reports, "The many components of the initiative include creating universal technology 'tools' based on both traditional science and engineering on which all researchers can build, including a map of all cell types, a way to continuously monitor blood for early signs of illness, and a chip that can diagnose all diseases (or at least many of them)."

According to the [AP](#) (9/21, Ortutay), "Zuckerberg and Chan hope that their effort will inspire other far-reaching efforts and collaboration in science, medicine and engineering, so that basic research is no longer relegated to the margins."

### Wednesday's Lead Stories

- **Sleep Quality, Duration In Late Childhood May Predict Substance Use Later In Adolescence, Small Study Suggests.**
- **Small Scan Study Examines Adolescents' Response To Anxiety.**
- **IRS Rules Prevent Some High-Deductible Plans From Covering Chronic Care Before Patients Meet Deductibles.**
- **Stress In Women May Erase Benefits Of A Healthful Diet.**

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