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Subject: APA Headlines: Report Finds 56% Of US Adults With A Mental Illness Do Not Receive Treatment
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Good morning Ms Cathy Thompson

October 20, 2016

Leading The News

Report Finds 56% Of US Adults With A Mental Illness Do Not Receive Treatment.

In "To Your Health," the [Washington Post](#) (10/19, Nutt) reports, "Twenty percent of adults (43.7 million people) have a mental health condition, and more than half of them do not receive treatment," according to Mental Health America's "[annual assessment](#) of Americans with mental illness." Among young people, despite the fact that depression rates are on the increase, "80 percent of children and adolescents get either insufficient treatment or none at all," the report reveals.

On its website, [Fox News](#) (10/19) reports, "Health care reform has expanded mental health care coverage for Americans," the report "suggests, but about 56 percent of US adults with a mental illness still do not receive treatment." About "19 percent of adults with mental illness" who live "in states that didn't expand Medicaid remain uninsured." Another "13 percent of these adults" live "in states that did expand Medicaid," but still "remain uninsured." Finally, some 1.2 million people with mental illnesses are incarcerated and lack mental healthcare access.

Psychiatric News Alert



[Folic Acid May Improve Verbal Skills in Children With Autism Spectrum Disorder](#)

[People With OCD May Prefer Psychotherapy to Medications](#)

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- [Independent Psychiatrist Opportunities](#) with Santa Barbara Behavioral Health in California.
- [Adult or Child Psychiatrist Opportunities](#) at Holistic Psychiatry in Houston, Texas.



Psychiatric Treatment/Disorders

Researchers Find Further Evidence Of Associations Between Neurofibromatosis Type 1 And ASD.

[Healio](#) (10/19, Oldt) reports that researchers have found "further evidence of associations between neurofibromatosis type 1 and autism spectrum disorder [ASD]" after analyzing "anonymized, individual-level primary data from six tertiary referral centers in the United States, Belgium, United Kingdom and Australia (n = 531)." The [findings](#) were published online Oct. 19 in JAMA Psychiatry.

Anti-Cytokine Therapy May Be Effective In Ameliorating Depressive Symptoms, Review Suggests.

[Healio](#) (10/19, Oldt) reports that anti-cytokine therapy may be effective in ameliorating “depressive symptoms,” researchers found after conducting “a systematic review and meta-analysis of 20 clinical trials of chronic inflammatory conditions where depressive symptoms were measured as secondary outcomes.” The [findings](#) of the review were published online Oct. 18 in *Molecular Psychiatry*.

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Depressed Patients With HIV May Benefit From Evidence-Based Treatment For Depression, Study Suggests.

[HCP Live](#) (10/19, Stewart) reports, “Patients who are depressed and who have human immunodeficiency virus (HIV) could benefit from evidence-based treatment for depression,” including cognitive behavioral therapy, “and adherence counseling,” researchers found. The [findings](#) of the 216-patient study were published online in *The Lancet HIV*.

Depression Appears To Affect Brain’s Lateral Orbitofrontal Cortex, Scan Study Indicates.

[Medical Daily](#) (10/19, Dharshini) reports that the brain’s “lateral orbitofrontal cortex, which is involved in non-reward, is affected by depression, hence giving patients a sense of loss and disappointment associated with not receiving rewards,” researchers found after analyzing “brain scans of at least

1,000 people in China to observe the changes in the medial and lateral orbitofrontal cortex brought about by depression.” The [findings](#) were published online Oct. 14 in the journal *Brain*.

Government and Psychiatry

Burwell Predicts 13.8 Million Will Sign Up For ACA Coverage.

The [New York Times](#) (10/19, A18, Pear, Subscription Publication) reports that on Wednesday, the Obama Administration announced that it expects “monthly enrollment in the Affordable Care Act marketplace to average 11.4 million next year, up 9 percent from the monthly average this year, even though premiums are soaring and major insurers are abandoning the marketplace in many places.” HHS Secretary Sylvia Mathews Burwell also predicted that 13.8 million people would register for ACA coverage during the fourth open enrollment period which begins on November 1.

The [Washington Post](#) (10/19, Goldstein) reports that Burwell was optimistic about the ACA marketplace, saying, “Ultimately, the marketplace is strong – and will continue to be strong – because it is offering a product that people want and need.” The article says the main challenge facing the marketplace at the moment is the fact that too many enrollees are ill, and not enough healthy, young people are signing up.

[USA Today](#) (10/19, O'Donnell) reports HHS' Office of the Assistant Secretary for Planning and Evaluation explained that “the sign ups will come from people renewing their policies and from those signing up for the first time.” Some 10.7 million uninsured consumers are eligible to sign up for coverage through the exchanges.

APA in the News

Professor Discusses The “Goldwater Rule.”

In the [Wall Street Journal](#) (10/18, Subscription Publication), Marc Siegel, a professor at New York University Langone Medical Center and a Fox News medical correspondent, discusses the “Goldwater Rule.” Recently, American Psychiatric Association president Maria A. Oquendo published a warning for psychiatrists, saying they should not attempt to psychoanalyze presidential candidates. She wrote that “breaking the Goldwater Rule is irresponsible, potentially stigmatizing, and definitely unethical.”

Wednesday's Lead Stories

- [BD May Be Associated With Childhood Neglect, Abuse, Review Finds.](#)
- [Review Associates Schizophrenia With Reduced Sleep Spindle Activity.](#)
- [State Regulators Approving Higher Premium Increases To Help Shore Up ACA Marketplaces.](#)
- [FDA Approves Supplemental NDA To Update US Labeling Of Lisdexamfetamine To Include Long-Term Maintenance Data In Adults With Binge-Eating Disorder.](#)

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