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Subject: APA Headlines: Two-Thirds Of Parents Want Schools To Teach Students More About Mental Health, Survey Finds
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Good morning Ms Cathy Thompson

September 20, 2016

Leading The News

Two-Thirds Of Parents Want Schools To Teach Students More About Mental Health, Survey Finds.

[HealthDay](#) (9/19, Dallas) reports about two-thirds of parents want middle schools and high schools to teach their students about "how to cope with issues such as stress, depression, bullying and suicide," in their health classes, according to a survey done by C.S. Mott Children's Hospital National Poll on Children's Health. Many parents responded that their children's schools do not currently teach about these topics in health classes.

Psychiatric News Alert



[Study Highlights How Children at High Risk of Suicide May Differ From Adolescents](#)

[Collaborative Care Lessens Sports Concussion Symptoms](#)

Free Course of the Month: Neuromodulation in the Treatment of Geriatric Psychiatric Disorders

This course will describe recent advances in the treatment of geriatric depression and describe the efficacy of novel neuromodulation techniques in geriatric psychiatry. [Learn more](#) or [take the August course](#).

Free Course for October: Advances in Medications Development to Treat Alcohol Use and Psychiatric Disorders: Assessing the Efficacy of Varenicline Tartrate for Alcohol Dependence



Psychiatric Treatment/Disorders

EPO May Improve Cognitive Performance In Patients With BD Or MDD, Small Study Indicates.

[Medscape](#) (9/19, Davenport) reports, "Erythropoietin (EPO), which improves oxygen capacity in the blood by boosting red blood cell production, may improve cognitive performance in patients with bipolar disorder [BD] or major depression [MDD]," researchers found. The [findings](#) of the 79-patient study were presented at the 29th European College of Neuropsychopharmacology (ECNP) Congress and also published in the August issue of the journal European Neuropsychopharmacology.

Government and Psychiatry

Analysis Shows Unsubsidized ACA Premiums

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10% Lower Than Employer-Sponsored Coverage.

The [Washington Post](#) (9/19, Johnson) reports a recent analysis conducted by the Urban Institute “found that the average unsubsidized premiums in the Affordable Care Act exchanges” are in fact “10 percent lower than the full premiums in the average employer plan nationally in 2016.” Data show that in the US, the average premium for employer-sponsored plans was \$516 per month, compared to an unsubsidized average of \$464 for ACA plans. In order to compare the plans, researchers “adjusted marketplace premiums to account for the age of enrollees and the different value of the health coverage provided by the marketplace plans.”

On its website, [CNBC](#) (9/19, Mangan) reports the analysis revealed that in 38 states and Washington, DC, the average premium for certain ACA plans was lower than the average premium for employer-sponsored plans.

ACA Allowed Many Former Inmates To Gain Access To Health Coverage, But Gaps Persist.

[Kaiser Health News](#) (9/19, Hancock) reports a new analysis indicates the Affordable Care Act resulted in increased coverage for former inmates, “but still left substantial gaps among a population with high rates of mental illness and chronic diseases such as hepatitis and diabetes.” Data show many ex-prisoners gained coverage in states which expanded Medicaid, while those who were under the age of 26 were able to remain on their parents’ healthcare plans. Yet, coverage gaps for this population persist, given that 19 states have refused to expand Medicaid under the ACA.

Psychiatry and Public Health

About One In Five US Women Will Experience Depression In Her Lifetime.

[Kaiser Health News](#) (9/19, Gold) reports that approximately one out of five US women “will experience depression in her lifetime, twice the number of men.” Currently, “about 15 percent of women take an antidepressant,” but “among women age 40 to 59, that number is nearly 23 percent, according to the US Centers for Disease Control and Prevention.”

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Monday's Lead Stories

- [ADD Most Common Mental Health Diagnosis Among Young Kids Who Commit Suicide, Study Suggests.](#)
- [Internet Addiction May Signal Other Mental Health Issues Among College Students, Study Indicates.](#)
- [Suicide Spike Raises Concerns About Access To Psychiatric Beds In US.](#)
- [Older People No More Likely Than Younger People To Be Depressed, Expert Says.](#)
- [Government Policies Seek To Make Findings From Clinical Trials More Widely Available.](#)

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